



St. Mary's
Food Bank®



Annual Report

2022 - 2023



StMarysFoodBank.org

Phoenix, AZ | 602-242-3663 (FOOD)





Mission

To alleviate hunger through the gathering and distribution of food while encouraging self-sufficiency, collaboration, advocacy and education.



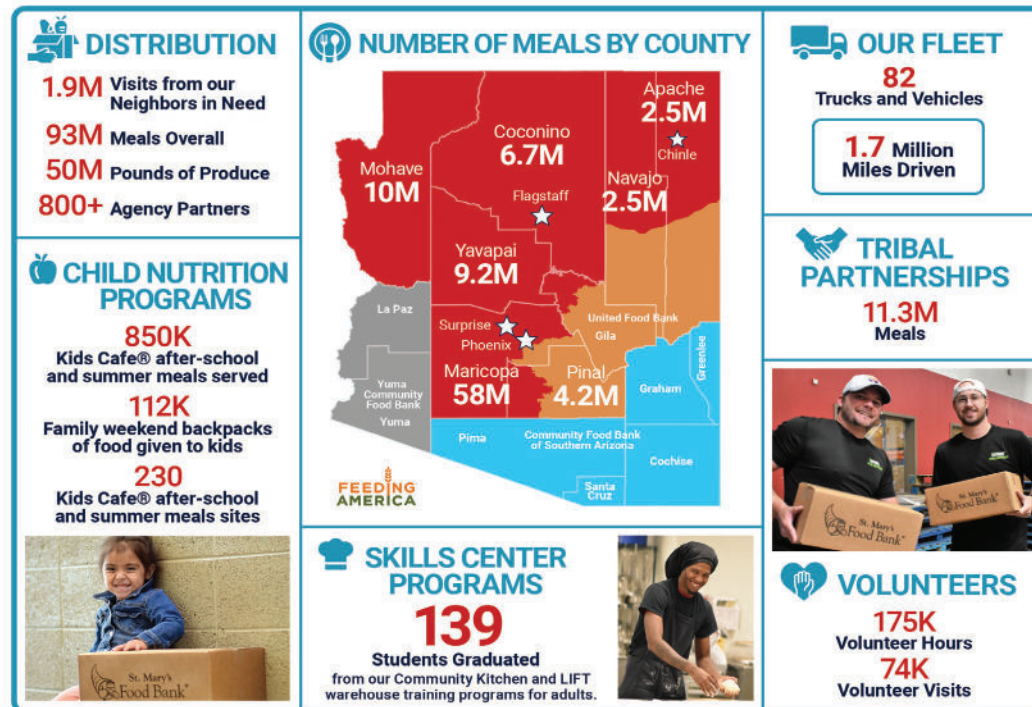
St. Mary's
Food Bank®

Year In Review

WHERE WE GET FOOD:



HOW WE GIVE FOOD:



Connect



Our Locations

Phoenix

St. Mary's Food Bank – Food Distribution Center
3131 W. Thomas Road • Phoenix, AZ 85017

University of Phoenix Programs Center
3003 W. Thomas Road • Phoenix, AZ 85017

Administration and Warehouse
2831 N. 31st Avenue • Phoenix, AZ 85009

Surprise

St. Mary's Food Bank – Food Distribution Center
13050 W. Elm Street • Surprise, AZ 85378

Flagstaff

St. Mary's Food Bank – Administration Office Only
5200 E. Cortland Blvd Suite A15 • Flagstaff, AZ 86004

Chinle

St. Mary's Food Bank – Food Distribution Center
North IR7 • Chinle, AZ 86503

Contact

www.StMarysFoodBank.org
602-242-FOOD (3663)



Connect

@StMarysFoodBank



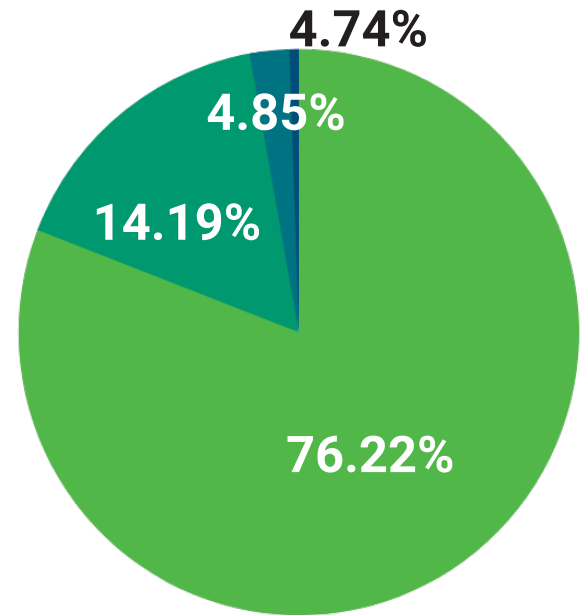
Financials

2022-2023

CONTRIBUTED INCOME

INDIVIDUALS	
\$35M	76.22%
ORGANIZATION/FOUNDATION	
\$6M	14.19%
RESTRICTED	
\$2M	4.74%
PLANNED GIVING	
\$2M	4.85%

TOTAL REVENUE
\$45M



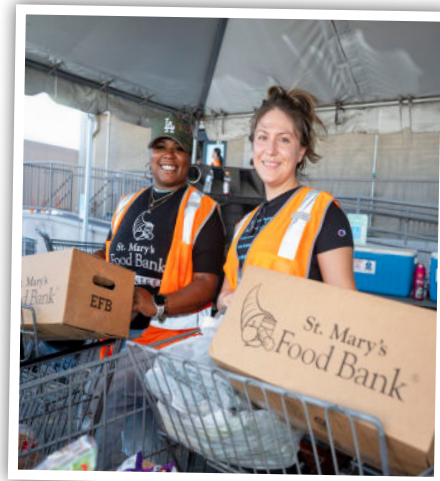
Thanks to our Donors



In times of adversity, good neighbors extend a helping hand. Our dedicated supporters exemplify the spirit of wonderful neighbors. As we concluded our fiscal year on June 30, 2023, the number of families seeking assistance from St. Mary's Food Bank surged due to economic conditions and record-breaking inflation.

Our invaluable donors are the driving force behind our ability to assist numerous individuals facing the daily struggle of putting food on their tables. It is difficult to fathom where these families, seniors, and children would be without YOUR generosity. We express our heartfelt gratitude for your unwavering support throughout the year. Your kindness and thoughtfulness have not gone unnoticed by us and those who turn to us for sustenance.

Thank you for making a significant impact. Your contributions are evident in every smile on a hungry child's face, in the alleviation of worry in their parents' hearts, and in the sighs of relief from seniors on fixed incomes as they receive food from St. Mary's.



No Child Should Go to Bed Hungry



KIDS CAFE

Volunteers and our Community Kitchen program students prepare **3,600** healthy meals each weekday that are provided to children in structured after-school programs. These programs must include either an education or exercise component in addition to St. Mary's meal service. Because of your support, we served more than **850,000 meals** through our Kids Cafe Program.

SUMMER MEALS

Children receiving free and reduced-cost meals during the school year may have a difficult time finding nutritious food during the summer months. Volunteers and Community Kitchen program students prepare healthy meals for these children at sites throughout our service territory.

FAMILY BACKPACKS

Volunteers packed more than **112,000** weekend backpacks last year for school children in areas of extreme poverty. The backpacks contain nearly a dozen items of easily prepared food including peanut butter, canned meat, fruits and vegetables in order to sustain the children and their families through the weekend.



SCHOOL PANTRY

Similar to the backpack program, our school pantries provide nutritious grocery items to children and their families. Distributed through schools, this model offers client choice and enables families to select the food they are most likely to consume.

Everyone Deserves a Chance at Work



SKILLS CENTER

The St. Mary's Skills Center opens doors for individuals facing employment barriers. Our top-notch job training prepares students to get and keep employment, and become better versions of themselves. Instructors bring industry experience to provide knowledge and hands-on training in culinary and warehouse fields. We offer life skills classes to develop confidence and resilience. Plus, we provide support like transportation and meals.



COMMUNITY KITCHEN

SERVING UP SKILLS FOR A BRIGHTER FUTURE

A PROGRAM OF



COMMUNITY KITCHEN

The Community Kitchen program is an inspiring initiative. With hands-on food service training, workshops, and certifications, it empowers individuals in need, promoting self-sufficiency. Transportation assistance, rewards, and individual support ensure success. Students train for nine weeks, gaining skills and certifications for career advancement.

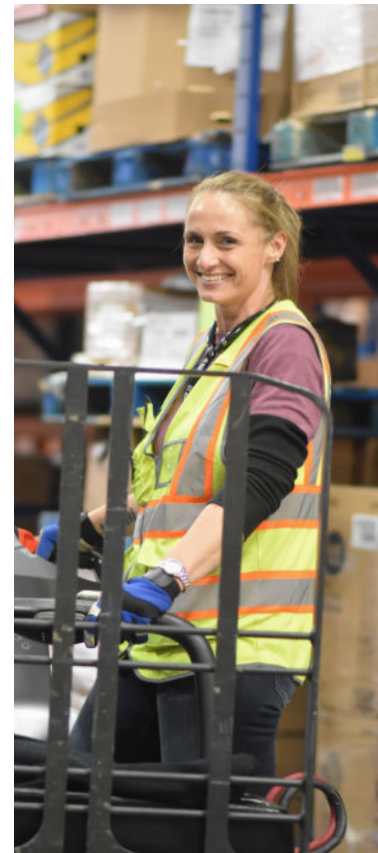


A PROGRAM OF



LOGISTICS. INVENTORY. FORKLIFT. TRAINING.

The LIFT program empowers adults facing employment barriers to enter the warehouse industry. In just six weeks, participants receive job training, including forklift operation and machinery certification. They also benefit from breakfast and lunch, job coaching, and interview training. 'Better You' life skills classes cover anger management, teamwork, communication, stress and financial management. The program offers job placement support and resources for success.



Healthy Food for All

THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEFAP) FOOD BOXES

Our commitment to providing valuable and sustainable nutrition to our community is seen in the Emergency Food Box we have created utilizing the government program The Emergency Food Assistance Program. Any neighbor who comes to a St. Mary's Food Bank distribution receives a box of self-stable, high-quality food that lays a foundation of nutrition for our neighbors. Proteins, vegetables and other pantry staples are at the core of this box and are our first step in filling the shelves of our neighbors' kitchens. All of our non-perishable boxes are supplemented with donated/purchased food such as fresh fruits and vegetables, dairy, meat, snacks and beverages.

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP) FOOD BOXES

We are always working to provide the best possible food for our neighbors, especially our neighbors with dietary limitations and restrictions. Our Senior Boxes help to meet the needs of an aging population by providing items catered to this demographic. This food box takes our offerings one step further to ensure that nutrition and usability are prioritized in meeting the dietary needs of our neighbors.

TRIBAL FOOD BOXES

Providing culturally relevant and nutritionally dense food not only lifts up our neighbors, but grows and sustains our local food systems. We buy locally sourced food from BIPOC distributors to increase neighbor access to traditional foods and support local tribal economies.

Our indigenous neighbors are working hard to bring back to their communities food access and resources that were historically abundant. It is our honor to support them in their work to restore cultural traditions and local food systems with the distribution of our Tribal Food Box to more than 3,000 indigenous households every month.

HOME DELIVERY

At St. Mary's, we understand the challenges faced by individuals dealing with food insecurity, especially those unable to visit our centers. Our Home Delivery Program caters to those with disabilities, transportation issues, and more. Thanks to our generous donors, we expanded our delivery territory, reaching even more in need. This fiscal year, we delivered more than **1.9 million** pounds of food through the program, making a meaningful impact in combating hunger. Thank you for supporting us as we continue to support our community.



Grateful Words from Our Neighbors



"I never thought I would need food banks or help. You can be a hard worker, then suddenly you're down there in the ditches. I thank God every day that St. Mary's is here to help families in need."

LESLIE



"The family dinner table is where life really happens – and this helps. Thank you."

JERRY



An elderly couple on fixed incomes with mounting medical bills and raising their 13-year-old grandson. "It's more important for him to eat than us," Hilda said.

**MANUEL
AND HILDA**



"This food means a lot because I can feed the kids whatever St. Mary's gives us and know that it's good."

CARINA

Volunteers

St. Mary's Food Bank saves thousands of dollars with the incredible support of volunteers. With a big mission comes a lot of hard work. Volunteers help sort, box, and distribute food, load carts, assist neighbors and some serve on the Board of Directors.

St. Mary's thanks the companies, organizations, and individuals for their interest and passion for helping others. Over the course of the year, volunteers spent more than **175,000** volunteer hours to ensure that the one in five Arizonans who struggle to make ends meet have access to the food they so desperately needed.

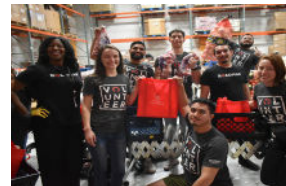


TOP 5 CORPORATE VOLUNTEER GROUPS



Bank of America

- 639 Volunteers
- 1278 Hours



Rocket Companies

- 512 Volunteers
- 1024 Hours



Hands On Connect

- 401 Volunteers
- 802 Hours



Amazon

- 353 Volunteers
- 706 Hours



APS

- 321 Volunteers
- 642 Hours

Board of Directors

2022-2023 EXECUTIVE OFFICERS

Board Chairman
GRAEME PARKES
WillScot Mobile Mini, Inc.

Past Board Chair
MARC ISAACS
Sun Orchard, Inc.
(Retired)

Vice Chair & Secretary
DOUGLAS CURRAULT
Freeport-McMoRan Inc.

Treasurer
JOE CLANCY
SunChase Holdings, Inc.

President & CEO
TOM KERTIS
MILTON LIU (June)

MEMBERS

JACKIE ASKIN
Askin Consulting

JOE CLANCY
SunChase Holdings, Inc.

WILL FELIZ
Duncan Family Farms

RONA GUYMON
Nationwide Financial

PETER LARSON (Retired)
Brunswick Corporation

DARYL MELVIN
Melvin Consulting PLLC

ERIK OLSSON (Retired)
WillScot Mobile Mini, Inc.

LISA PHELPS
American Homes 4 Rent

JOHN ROUSSEL
Shamrock Foods Company, Inc.

CHERYL RUGGIERO
Thunderbirds Charities

AMIEL SAWDAYE
Arizona Diamondbacks

SCOTT SIBIGTROTH (Retired)
Medline Industries

MONICA VILLALOBOS
AZ Hispanic Chamber of Commerce

BECKY WINTERSCHIEDT
Snell & Wilmer

LAURA WORZELLA
OneAZ Credit Union

JOANNA ZUCKER
PCA Skin Care

ST. MARY'S FOOD BANK SENIOR STAFF

TOM KERTIS
Chief Executive Officer

MILTON LIU (June)
Chief Executive Officer

ROMAN ARRIOLA
Chief Operating Officer

MARCOS GAUCIN
Chief Programs Officer

LISA NOTARO, CFRE
Chief Development Officer

SARAH STUCKEY, CPA
Chief Financial Officer