



'Freeze & Thaw' 2023/2024 Lunch/Supper Menu

	Mon	Tue	Wed	Thu	Fri / Sat / Sun
W e e k A	WGR Sun Butter Crustless Sandwich Grape (2.8 Oz)	Mini Cheeseburger Sliders x 2 on WGR Buns (4.5 oz)	Bean & Cheese Burrito, WGR Tortilla (5.2 oz)	Grilled Cheese Sandwich (4.19 oz)	Chicken Biscuit WGR Bun (3.15 oz)
	Mozzarella String Cheese (1 oz)		Salsa Dipping Cup (2 oz)		Sunflower Seeds (1 oz)
	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)
	Fruit Cup (4 oz)	Applesauce Cup (4 oz)	Fruit Cup (4 oz)	Applesauce Cup (4 oz)	Fruit Cup (4 oz)
	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)
		Mayo / Mustard / Ketchup			
W e e k B	Mon	Tue	Wed	Thu	Fri / Sat / Sun
	WGR Sun Butter Crustless Sandwich Grape (2.8 Oz)	Mini Cheeseburger Sliders x 2 on WGR Buns (4.5 oz)	Bagel W/ Cream Cheese (2.43 oz)	Grilled Cheese Sandwich (4.19 oz)	Chicken Biscuit WGR Bun (3.15 oz)
	Mozzarella String Cheese (1 oz)		Sunflower Seeds (1 oz)		Sunflower Seeds (1 oz)
	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)	Mozzarella String Cheese (1 oz)	Vegetable Cup (4 oz)	Vegetable Cup (4 oz)
			Vegetable Cup (4 oz)		
	Fruit Cup (4 oz)	Applesauce Cup (4 oz)	Fruit Cup (4 oz)	Applesauce Cup (4 oz)	Fruit Cup (4 oz)
Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	Fat-free, Shelf-stable milk (0.5 pint)	
	Mayo / Mustard / Ketchup				
		<p><u>Identification of Cups:</u> Fruit Cup may be: Diced Pears, Peaches or Mixed Fruit Cup: Diced Pears, Peaches & Cherries. Vegetable Cup may be: Corn, Green Beans, Carrots or Mixed Vegetable Cup: Peas & Carrots</p>	<p><u>Required Disclaimers</u> Children 24 months & older will be served 1% or Fat Free Milk Water is available to all participants through a water fountain This Institution is an Equal Opportunity Provider Food Allergen: These products were produced with equipment which handles peanuts and other allergen products. People who have an allergy or severe sensitivity to peanuts run the risk of serious or lifethreatening allergic reaction if they consume these products</p>	<p><u>Special Notes</u> This menu may change without notice due to supply issues All items are delivered and served cold</p>	

We appreciate your partnership and understand that 'Life Happens!! To help avoid waste please remember to give at least 2 business days notice of changes to your requirements.