

June 2022 Cold Meal Menu

Mon	Tue	Wed	Thu	Fri / Sat / Sun
30	31	1	2	3/4/5
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots x 2 (3.2 oz) Fruit Cup (4oz)) Ranch 1% Low Fat Milk (0.5pt)	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fresh Apple Mayo/Mustard/Ketchup 1% Low Fat Milk (0.5pt).	Turkey & Cheese Hoagie (4.5oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz)) Mayo/Mustard 1% Low Fat Milk (0.5pt).	Bean & Cheese Burrito (5.2oz) WGR Tortilla Salsa Dipping Cup (2 oz) Baby Carrots (1.6 oz) Applesauce Cup (4oz) Ranch 1% Low Fat Milk (0.5pt).	WGR Grilled Cheese Sandwich (4.19z) Vegetable Cup (4oz) Fresh Apple 1% Low Fat Milk (0.5pt)
Mon	Tue	Wed	Thu	Fri / Sat / Sun
6	7	8	9	10/11/12
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots x 2 (3.2 oz) Fruit Cup (4oz)) Ranch 1% Low Fat Milk (0.5pt)	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fresh Grape (2.25oz) Mayo/Mustard/Ketchup 1% Low Fat Milk (0.5pt).	Turkey & Cheese Hoagie (4.5oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz)) Mayo/Mustard 1% Low Fat Milk (0.5pt).	Chili Cheese Dog: WGR Bun(4.5oz) Vegetable Cup (4.5oz) Fresh Grape (2.25oz) 1% Low Fat Milk (0.5pt)	Turkey-ham & Cheese on a WGR Hawaiian Bun (3.1oz) Vegetable Cup (4oz) Sunflower Seeds (1 oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt) Mayo/Mustard
Mon	Tue	Wed	Thu	Fri / Sat / Sun
13	14	15	16	17/18/19
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots x 2 (3.2 oz) Fruit Cup (4oz)) Ranch 1% Low Fat Milk (0.5pt)	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fresh Apple Mayo/Mustard/Ketchup 1% Low Fat Milk (0.5pt).	Turkey & Cheese Hoagie (4.5oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz)) Mayo/Mustard 1% Low Fat Milk (0.5pt).	Bean & Cheese Burrito (5.2oz) WGR Tortilla Salsa Dipping Cup (2 oz) Baby Carrots (1.6 oz) Applesauce Cup (4oz) Ranch 1% Low Fat Milk (0.5pt).	WGR Grilled Cheese Sandwich (4.19oz) Vegetable Cup (4oz) Fresh Apple 1% Low Fat Milk (0.5pt)
Mon	Tue	Wed	Thu	Fri / Sat / Sun
20	21	22	23	24/25/26
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots x 2 (3.2 oz) Fruit Cup (4oz)) Ranch 1% Low Fat Milk (0.5pt)	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fresh Grape (2.25oz) Mayo/Mustard/Ketchup 1% Low Fat Milk (0.5pt).	Turkey & Cheese Hoagie (4.5oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz)) Mayo/Mustard 1% Low Fat Milk (0.5pt).	Chili Cheese Dog: WGR Bun(4.5oz) Vegetable Cup (4.5oz) Fresh Grape (2.25oz) 1% Low Fat Milk (0.5pt)	Turkey-ham & Cheese on a WGR Hawaiian Bun (3.1oz) Vegetable Cup (4oz) Sunflower Seeds (1 oz) Fruit Cup (4oz) 1% Low Fat Milk (0.5pt) Mayo/Mustard
Mon	Tue	Wed	Thu	Fri / Sat / Sun
27	28	29	30	July-1/2/3
WGR Sunbutter Crustless Sandwich - Grape (2.8oz) Mozzarella String Cheese (1oz) Baby Carrots x 2 (3.2 oz) Fruit Cup (4oz)) Ranch 1% Low Fat Milk (0.5pt)	Mini-Cheeseburger Sliders x2 (4oz) WGR Bread Vegetable Cup (4oz) Fresh Apple Mayo/Mustard/Ketchup 1% Low Fat Milk (0.5pt).	Turkey & Cheese Hoagie (4.5oz) WGR Bread Vegetable Cup (4oz) Fruit Cup (4oz)) Mayo/Mustard 1% Low Fat Milk (0.5pt).	Bean & Cheese Burrito (5.2oz) WGR Tortilla Salsa Dipping Cup (2 oz) Baby Carrots (1.6 oz) Applesauce Cup (4oz) Ranch 1% Low Fat Milk (0.5pt).	WGR Grilled Cheese Sandwich (4.19z) Vegetable Cup (4oz) Fresh Apple 1% Low Fat Milk (0.5pt)
Acronyms WGR: Whole Grain Rich Note: All main component food items have CN label	Identification of mixed foods Mixed Fruit Cup: diced pears, peaches, and Cherries Vegetable cup may be one of: peas & carrots, peas, corn, green beans, or carrots.	Required Disclaimers Children 24 months and older will be served 1% or fat free milk Water is available to all participants through a water fountain This Institution is an Equal Opportunity Provider		Special Notes This menu may change without notice due to supply issues Items are delivered and served cold

