



PROVIDING MORE THAN FOOD – *hope.*

ANNUAL REPORT 2018-2019



St. Mary's
Food Bank®



OUR MISSION

To alleviate hunger through the gathering and distribution of food while encouraging self-sufficiency, collaboration, advocacy and education.



YEAR IN REVIEW

DISTRIBUTION

97,426,474 POUNDS OVERALL

38,235,276 POUNDS OF PRODUCE

20,505 HOLIDAY TURKEYS

745 AGENCY PARTNERS

managing 1,043 food distribution programs

FOOD DRIVES

1,032 food drives
collected

2,735,414 pounds



MOBILE PANTRY PROGRAM

71 MOBILE PANTRY SITES

DISTRIBUTED **7,825,565** POUNDS

VIA **910** DISTRIBUTIONS



CHILD NUTRITION PROGRAMS



▶ **1,358,781**

Kids Cafe after-school
and summer meals served

▶ **307**

Kids Cafe after-school
and summer meals sites

▶ **101,366**

weekend backpacks
of food served to kids

COMMUNITY KITCHEN

112 Community
Kitchen
graduates



YEAR IN REVIEW

VOLUNTEERS



225,665
VOLUNTEER HOURS SERVED
80,923
VOLUNTEERS

EMPLOYEES



FOOD RESOURCING



*Partnered with 28 growers in Arizona
and 53 produce houses/distributors.*

Food Resourcing Top 10 Retail Rescue Partners:

- | | |
|------------------------|------------------|
| 1. Walmart/ Sam's Club | 7,720,006 pounds |
| 2. Fry's | 4,164,750 pounds |
| 3. Safeway | 2,725,117 pounds |
| 4. Sprouts | 2,683,879 pounds |
| 5. Target | 1,325,324 pounds |
| 6. Costco | 1,179,047 pounds |
| 7. Basha's | 1,023,224 pounds |
| 8. Trader Joe's | 959,362 pounds |
| 9. Winco Foods | 801,679 pounds |
| 10. Albertson's | 537,855 pounds |



CONNECT WITH US

LOCATIONS

STARDUST FOUNDATION CAMPUS -PHOENIX

Del E. Webb Distribution Center

2831 N. 31st Avenue • Phoenix, AZ 85009

University of Phoenix Programs Center

3003 W. Thomas Road • Phoenix, AZ 85017

Knight Transportation Community Services Center

3131 W. Thomas Road • Phoenix, AZ 85017

SURPRISE

St. Mary's Food Bank

13050 W. Elm Street • Surprise, AZ 85378

FLAGSTAFF

St. Mary's Food Bank

5200 E Cortland Blvd A15 • Flagstaff, AZ 86004

CONTACT


www.StMarysFoodBank.org

602-242-FOOD (3663)



 www.facebook.com/firstfoodbank

 www.twitter.com/stmarysfoodbank

 www.instagram/stmarysfoodbank.com

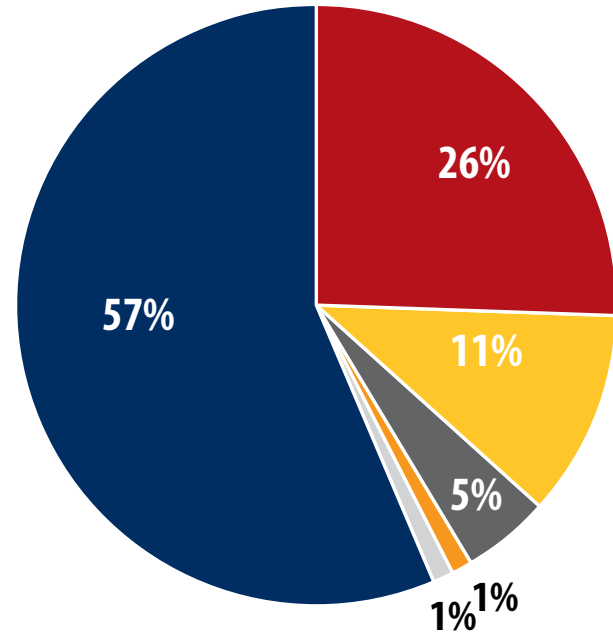
 www.youtube.com/smfba

FINANCIALS



CONTRIBUTED INCOME

INDIVIDUALS	\$13,925,795	57%
RESTRICTED DONATION	\$6,381,379	26%
BUSINESS DONATIONS	\$2,591,708	11%
FOUNDATION DONATIONS	\$1,194,337	5%
PLANNED GIVING	\$146,809	1%
FOOD DRIVES	\$366,864	1%



TOTAL REVENUE
\$24,606,892

THANK YOU TO OUR DONORS



Whenever you make a donation, whether that is food, time or money, you are helping our hungry neighbors get through another day.

With our efficient operations, buying power and volunteer support, we stretch donations far. Donors like you allow St. Mary's Food Bank to turn every \$1 donated into 7 meals. A warm thank you for continuing to support us in the fight against hunger!

Food drives help to stock shelves and play a vital role in encouraging community participation and awareness. We want to thank those who have held food drives or donated food to St. Mary's during the past year.

Large-scale food donations are a critical part of our mission to fight hunger in Arizona. While community food drives and individual food donations are extremely valuable, the scale of our work also requires the support of donors in the manufacturing, warehouse/logistics, produce/agriculture and food services industries. Only through the ongoing support of food industry donors can we continue to feed hundreds of thousands of Arizonans each year.



A SECOND CHANCE



COMMUNITY KITCHEN

SERVING UP SKILLS FOR A BRIGHTER FUTURE

You helped build new lives with your gifts to St. Mary's. Our Community Kitchen program is an opportunity for adults living in poverty with barriers to employment to change their life path. The 12-week course teaches culinary and life skills with employment and a richer life as the final goal.

The students operate a high-volume kitchen preparing fresh meals for our children's after-school programs. Giving back while learning effective communication skills, budgeting, and gaining confidence.

At fifteen years old, Chris lost his mother and young siblings causing him to become withdrawn and unsociable. Three years later, he struggled with addiction, which landed him in jail for over thirty years. Chris felt lost and less than a person.

He refused to believe that he was worthless and knew that he just needed a second chance. Upon his release, he was told about St. Mary's Food Bank's Community Kitchen program and despite his doubts, Chris persevered and was accepted into the program. Chris was told by the Community Kitchen recruiter that he was worth a second chance. For the

first time in his life someone saw something special in him. "I felt loved."

At sixty two years old, Chris is highly motivated. Within his first week in classes, he won a student contest and was awarded a prize. He beamed with confidence, "I just knew I could make it." He described the environment at Community Kitchen as supportive because "they all want to see you succeed—they believe in every single person." He encourages anyone interested to be a student. Even when you make a mistake in the kitchen, "The staff shows you time and time again until you get it because they want to see you succeed."

He emphasizes the importance of teaching life skills along with culinary lessons. To someone trying to turn their life around, Chris advises that it's never too late: "It's not when you do it—it's that you do it."

In the future, Chris wants to be a chef. However, he also has dreams of being a mentor. He would love to work with kids, or people who are in his former situation. He is grateful for the program and to the St. Mary's supporter who make it all possible.

NO CHILD DESERVES TO GO TO BED HUNGRY



KIDS CAFE

Volunteers and Community Kitchen students prepare 8,000 healthy meals each weekday that are provided to children in structured afterschool programs. These programs must include an education component, an exercise component in addition to the meal service provided by St. Mary's.

FAMILY BACKPACKS

Volunteers pack more than 2,000 weekend backpacks for school children in areas of extreme poverty. The backpacks contain nearly a dozen items of easily prepared food including peanut butter, canned meat, fruits and vegetables in order to sustain the children and their families through the weekend.

SCHOOL PANTRY

Similar to the backpack program, our school pantries provide nutritious grocery items to children and their families. Distributed through schools, this model offers client choice and enables families to select the food they are most likely to consume.

SUMMER MEALS

Children receiving free and reduced-cost meals during the school year may have a difficult time finding nutritious food during the summer months. Volunteers and Community Kitchen students prepare healthy meals for these children at sites throughout our service territory.



HEALTHY FOOD FOR ALL



THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEFAP) FOOD BOXES

Our clients come from all walks of life – but they all have one thing in common. They are struggling with food insecurity. St. Mary's Food Bank believes no one should go to bed hungry.

The Emergency Food Assistance Program is a government program to provide a box of shelf-stable, nutritionally balanced food. People self-declare that they are in need of food. Items in the box are commodities such as peanut butter, canned fruits and vegetables, pasta, rice, cereal, etc.

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP) FOOD BOXES

Our "Senior Boxes" are similar to The Emergency Food Boxes but contain a few different items to accommodate the elderly diet. CSFP clients also receive cheese every month and milk every other month.

TEFAP and CSFP boxes are just one component of what clients receive when they visit a St. Mary's Food Bank food distribution site. We add donated/purchased food such as fresh fruits and vegetables, dairy, meat, snacks and beverages whenever possible to the non-perishable boxes of food. This gives clients like Viola the staples they need to help provide nutritious meals for their families.

"I need a little help to get by"

Viola has an adventurer's heart. She has always loved to travel and wishes her age and a few medical conditions didn't limit her mobility so much these days. Even more restricting is Viola's very meager fixed income. Having to choose between paying for healthy food or necessities like utilities and her prescribed medications make every day a struggle. But she doesn't let that dampen her spry demeanor and positive attitude, "I raised seven children. We didn't have much, but we got by and they all grew up healthy. But now, I need a little help to get by."



Thanks to friends like you, Viola can get that help at St. Mary's. She is always so thankful for the food she relies on to get by each month. The produce is of particular interest to her, because she knows how important nutritious, balanced meals are for her health.

Of course, Viola doesn't mind when treats show up in her food box on occasion. Seeing a small package of sweets tucked in among the fresh lettuce, apples, eggs, and bread in her basket recently, she scooped them up and proudly exclaimed, "I'm taking this feast back to my apartment!"

VOLUNTEERS



80,923
volunteers



225,665
hours

Top 5 Volunteering Companies

*American Express • Bank of America • Charles Schwab
Nationwide • Wells Fargo*

St. Mary's Food Bank saves thousands of dollars because of the incredible support of volunteers. With a big mission comes a lot of hard work. Volunteers help sort, box, and distribute food boxes, load carts, assist clients and serve on our Board of Directors.

St. Mary's thanks the companies, organizations, and individuals who have stepped up this year for their interest and passion for helping others. Over the course of the year, volunteers provided more than 225,665 volunteer hours to help make sure the one in five Arizonans who struggle had the food they so desperately needed. One of St. Mary's volunteers, Bruce, has been part of the mission for years.

Tammie and Denise work with seriously mentally ill patients. Part of their program's agenda is to have some of their patients

volunteer at St. Mary's. Doing this teaches them how to interact with people courteously and how to give back. It's their chance to get out into the community. Tammie loves bringing her clients to the Food Bank, "The people I manage really like helping the St. Mary's clients".



Denise is Tammie's supervisor and has worked with their clients for more than 25 years. "At the end of the day, sometimes the Food Bank's clients get embarrassed having to ask for food. My volunteers are there to help them through that and make it easier." She said, "I'd like to say thank you to everyone who volunteers at St. Mary's for giving back because everyone needs help."

Tammie used to receive food from St. Mary's when she was on disability from an injury that prevented her from working. Money was short and she was caring for her grandchildren. Sometimes she would have to come to St. Mary's for help. Tammie has been able to make a full turnaround with new opportunities and no longer needs St. Mary's services. Through her work with her clients and on her own, she gives back whenever she can by volunteering at the Food Bank. "It's a real blessing. By helping others, we help ourselves."

MOBILE MARKET



For many of the clients who visit St. Mary's Food Bank, a shortage of food isn't their only obstacle. The lack of reliable transportation or challenge of taking food home on public transportation sometimes makes the commute to the food bank a difficult ordeal.

St. Mary's has greatly expanded its mobile pantry program due to this very reason. The idea of making many perishable, nutritious foods more readily available to neighborhoods hardest hit by food insecurity remains a top priority. Fresh fruits and vegetables, breads, canned goods and bottled drinks are included in all the mobile pantry distributions. They are held at consistent locations and times so those in need can make it a part of their schedule.

Our 71 Mobile Pantry urban and rural sites serve 300-500 families and seniors each day. Read on for one staff member's insight on the impact of your donation through the Mobile Pantry program.

The Westward Ho is a landmark for the city of Phoenix. Opening in 1928, the hotel was frequented by celebrities and politicians. It shot to fame when President Kennedy made a speech from its front steps. The hotel was converted to a state-run housing complex in 1981 open to low-income senior citizens.



St. Mary's Food Bank delivers food to the 300 current senior residents. It is hardship for these folks to buy food, especially nutritious food. With your compassionate support, St. Mary's delivers food and hope. Recently, we went along to witness the distribution of food and produce boxes to these wonderful people.

The atmosphere in the Westward Ho lobby was lively with a constant flow of residents picking up food. Some residents, after they took their food to their rooms, came back to the lobby to socialize with our staff and their fellow residents. It turned into quite a fun gathering.

Thank you for your generosity and kindness.

NATURAL DISASTER FIRST RESPONDER



St. Mary's Food Bank is a first responder to emergencies – nationwide. When the call for help from Feeding America comes, St. Mary's jumps into action. Trailer truckloads of emergency food, ready-to-eat snacks and toiletry items are loaded at St. Mary's and taken to the places relief is needed most.

Whenever disasters like this happen, St. Mary's counts on the generous people of Arizona to lend a helping hand. The donations given assist in replenishing the supplies that have already been committed to the relief effort and stockpile for when and if the call for further help is made. St. Mary's Food Bank is always on standby and ready to assist across the country whenever called.



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2018-19 EXECUTIVE OFFICERS

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(Retired)

Secretary

SUSAN WAIN
Scottsdale Insurance Company
(Retired)

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Fry's Food Stores

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(Retired)

President & CEO

TOM KERTIS
St. Mary's Food Bank

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ARNOTT DUNCAN
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GRAEME PARKES
Mobile Mini, Inc.

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Wells Fargo

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Shamrock Foods Company, Inc.

BECKY WINTERSCHIEDT
Snell & Wilmer

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