



St. Mary's
Food Bank
ALLIANCE®

HORN OF PLENTY

To alleviate hunger through the gathering and distribution of food while encouraging self-sufficiency, collaboration, advocacy and education.

Holiday season difficult for food insecure families

When most Americans picture the holiday season, they envision a Norman Rockwell image of family and friends gathered around a table loaded up with food where everyone is enjoying laughter, stories and good company.

But for 1 in 5 Arizonans, that picture is missing one important component – healthy and plentiful food. A time of year that should be joyous is often overshadowed by fears about how the table will be filled. Robert and his family are a regular family – but also one of the thousands of families facing an uncertain holiday season.

Robert shares a small apartment with his mother, sister and a well-behaved nephew with a shy grin. Though he is young, he has become the “man of the house.” As the only adult in the household able to find employment, he supports the family with his income from a local grocery store. Robert is a dedicated worker but he isn't lucky enough to secure full time hours at his job.

When Robert and his family are unable to make ends meet, they turn to ICM Food and Clothing Bank, an agency partner of St. Mary's Food Bank Alliance.

The family appreciates the good quality, healthy food they can get at ICM. The extra help from the emergency food box means they can make it through another week.

“You have to pay rent and electricity...but sometimes you just need a little help,” Robert said quietly.

Eight of every 10 families served by St. Mary's are like Robert's – where at least one member of the house is working. But with full-time work difficult to find and food prices climbing, families find themselves in a monthly dilemma between



© Amy Hanen of Ventola Photography

paying the bills and putting food on the table. Around the holidays, the gap becomes even wider. Tragically, a Thanksgiving meal of turkey and mashed potatoes can be a luxury that is just out of grasp.

With your help, St. Mary's is working to bring the holiday season within reach for these families. Tens of thousands of turkeys and special holiday emergency food boxes will be distributed during the holidays – bringing comfort and joy to those in need.

You can help Robert's family, and thousands of others, in a variety of ways. Donate a turkey at our special Super Saturday food collection (see page 12). Add cranberries, mashed potatoes and green beans to a table by hosting a holiday food drive with

your school, church, neighborhood or company (sign up at www.FirstFoodBank.org). Help assemble food into meals by volunteering to pack emergency food boxes (page 9). Donate funds to the food bank where every \$1 donated helps distribute enough food for seven holiday meals.

Your generosity can help fill both the stomachs and the hearts of families like Robert's during this holiday season. St. Mary's Food Bank Alliance wishes everyone a joyous holiday season with meals, laughter and stories shared with family and friends.

“You have to pay rent and electricity...but sometimes you just need a little help.”

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John van Hengel
Founder Emeritus

A Letter From Our President & CEO...

Heading into the holidays

Taking the time four times a year to go through the pages of the *Horn of Plenty* is a treat. Our community relations staff works hard to put together a newsletter that is both informative and interesting for you to read. For me, it's a chance to look back over the past few months and remember the many acts of kindness and generosity that the food bank is shown.

This issue left me feeling profoundly grateful. We are blessed.

Through the course of our work in serving our mission - a mission supported by you - we come into contact with some pretty amazing people. Jon Flora was one of those special humans that even as you worked with him (or were being enveloped in one of his legendary bear hugs) you knew you were in the presence of someone pretty great. One of my colleagues in the non-profit sector gave a great quote when the local media was reporting on Jon's untimely and tragic death last month. When I was with Jon Flora, my friend said, it made me want to be more like Jon Flora. I absolutely agree. We will miss him terribly.

But then we also get to celebrate some pretty fun people, too. How many other organizations get to be the place where a volunteer chooses to spend his 100th



Beverly Damore

birthday? Check out the pictures on page 9 of Art Molay's party. Tell me his smile doesn't put a smile on your face.

Amazing people walk into our lives every day. Whether a high school student looking for a meaningful way to spend summer vacation, to Mr. Molay, to Jon Flora, to you, who are a friend of the food bank in your own way, St. Mary's Food Bank Alliance is lucky and blessed to have you.

I've said it before - we are a big food bank because we have to be. Too many people and families live in poverty in our state. But, in the end, we are here because you allow us to be.

And if we all want to be a little more like the Jon Floras of the world, then we owe each of you a big bear hug. At the minimum, please accept my heartfelt thank you.

May your holiday season be especially bright this year.

Warmest Regards,

BEVERLY DAMORE
President & CEO

St. Mary's Food Bank chosen as honoree in 2013 Leaders of the Year in Public Policy



St. Mary's Food Bank Alliance was recognized at the seventh annual **Arizona News Service/Arizona Capitol Times** Leaders of the Year in Public Policy awards in the category of Social Services. The award recognizes individuals and organizations

for advancing public policy to positively impact the state and the lives of Arizonans. St. Mary's was presented with one of four Social Service awards on Sept. 24. Thank you to the Arizona News Service/Arizona Capitol Times for this honor.



St. Mary's distributes emergency food to workers hurt by government shutdown

Three days into the government shutdown, St. Mary's Food Bank Alliance received a call for help from the furloughed workers of the Grand Canyon National Park. The closure of the park affected not only 2,200 park employees, but also 1,200 hospitality employees of surrounding businesses that depend on tourism.

On Oct. 8, St. Mary's sent a semi-truck with 600 emergency food boxes to the Tusayan Fire Station and the Maswick Lodge Cafeteria at the Grand Canyon for distribution, followed by a mobile pantry distribution on Oct. 11. Weekly distributions will continue throughout the duration of the government shutdown.

"The park closure has been devastating for the employees of Grand Canyon National Park and surrounding communities," said Rev. Patrick Dotson of Grand Canyon Community Church, who runs a small food distribution out of his home. "We are so blessed that St. Mary's has come to our aid!"

Rent-A-Center kicked off Hunger Action Month with a \$20,000 and 10 fridge donation



REDW named Chief Bean Counter in Hill of Beans food drive competition

The beans have all been counted, and one accounting firm has climbed to the top of the Hill of Beans in the annual food drive competition between accountants, CPAs and other financial organizations - or bean counters as they are affectionately known!

Congratulations to **REDW LLC** for raising \$3,200 during the month-long food drive in August, which allows St. Mary's Food Bank Alliance to distribute 22,400 meals, or 'beans' as they are known in this food drive. REDW is the newly merged firm that includes last year's Chief Bean Counter Miller, Allen & Co. P.C. and previous participants Abalos & Associates.

Remembering a true Hunger Hero: Jon Flora of Fry's Food Stores

St. Mary's Food Bank Alliance lost a great friend in the fight against hunger on Sept. 13 when Fry's Food Stores president **Jon Flora** passed away at the age of 58.

Mr. Flora worked closely with the world's first food bank, and was a great champion for St. Mary's and many other food banks in Arizona. He was a driving force behind the 100 Ton Food Drive which was held

in February 2012 in conjunction with the 100th birthday of our state. The drive not only reached its goal, but it garnered an incredible 695 tons of food for St. Mary's and other Arizona food banks. Fry's continued that drive in 2013 as the Alphabet Soup Food Drive, raising hundreds of tons of food for those in need.

Mr. Flora also graciously served as the Guest of Honor for the St. Mary's 2012 Summer Gala, helping the food bank raise enough money to provide more than 700,000 meals. Fry's Food Stores is also a crucial contributor to the Food Rescue Program and generously contributes to St. Mary's through Kroger's national "Bring Hope to the Table" campaign.

St. Mary's employees looked forward to Mr. Flora's visits to the warehouse. He could be regularly found shaking hands and posing for photos, donning a Santa hat around the holidays and handing out food boxes with other Fry's volunteers. Flora's infectious smile and warm personality will be greatly missed by everyone at the food bank.



Jon Flora being honored at the 2012 Sara Lee Gala to benefit St. Mary's Food Bank on July 21, 2012

Each dollar donated counted as seven beans (meals), and each pound of food was one bean (meal). Nine companies competed this year, and at the end of the food drive the generosity of the teams added up to 76,646 meals being donated to St. Mary's.

Runners up for the Chief Bean Counter position were **Henry & Horne, LLP** and **Sigrist, Cheek, Potter & Huyser**. Thank you also to the rest of the participants: **TFO, Eide Bailly LLP, Walker & Armstrong LLP, Cohen, Rife & Jutzi, P.C., Government Liquidation, and Protiviti.**

HUNGER ACTION MONTH



Hunger Action Month: Together we can solve hunger

Hunger is a 365-day-a-year problem in our country. But during the 30 days of September, those committed to ending hunger united for **Hunger Action Month**. This national effort is designed to raise awareness on the topic of hunger and encourage activism within the community.

Proving that “Together We Can Solve Hunger,” scores of Arizonans responded to St. Mary’s 30 Ways in 30 Days calendar. Challenges ranged from donating the savings on home-brewed coffee or a brown bag lunch, to taking part in food drives and volunteer events. The response to step up and donate time, food or funds was bigger than ever this year!



Rent-A-Center kicked off the month with a generous \$20,000 donation to St. Mary’s and 10 refrigerators for agency partners around the state (see page 3). Throughout September, **KTVK Channel 3** teamed with **Bashas’**, **Food City** and **Safeway** for the inaugural Childhood Hunger Campaign. Television personalities from several local stations graciously sported orange neckties and ribbons to support hunger awareness.

KOOL-FM (94.5) went “Hollywood” by sponsoring the month-long ‘Cans Film Festival,’ which asked listeners to vote for their favorite movies from bygone eras for a revival on the big screen. The winning movies were shown at **UltraLuxe Scottsdale Cinemas** with cans of food serving as the admission price.



September 5 was this year’s official ‘**Go Orange**’ day – the official color of hunger – and Phoenix was ready for the challenge. St. Mary’s Hunger Heroes from Chase used the state’s tallest building, **Chase Tower** in Phoenix, as a 384-foot orange beacon of awareness. Chase also hosted a company food drive in support of Hunger Action Month.

Whataburger joined in on ‘**Go Orange**’ events staffing the Community Hope Center mobile pantry with more than 20



HUNGER ACTION MONTH

volunteers. Whataburger donated 7,000 meals to St. Mary's and then offered a free Whataburger sandwich to anyone with a three-can food donation to fight hunger on Sept. 6.

Arby's also made a special offer for customers who donated three cans on Sept. 26 - giving them a free Classic Roast Beef Sandwich on the spot. The free offer came on the heels of a 35,000-meal donation by the Arby's Foundation in August.

Sony Pictures and **Sprouts** celebrated the upcoming release of the movie **Cloudy with a Chance of Meatballs 2** with a donation of more than 40,000 pounds of fresh produce – watermelons, oranges and mangos – that are featured in the movie. The Hunger Heroes at **All Saints' Episcopal Day School** pitched in to help, with students sorting the food to the beat of music provided by **KISS-FM (104.7)**.

Gordon Biersch in Scottsdale held their annual Oktoberfest Tapping Party with St. Mary's in mind and raised more than 5,000 meals, while volunteers from the **Ford Motor Company** and **Arizona Ford Dealers** distributed 22,000 pounds of food at the **Church on Fillmore** mobile pantry before donating 35,000 meals to further the impact.

Arizona professional sports teams got into the act as well. The **Phoenix Coyotes** mascot Howler and Paw Patrol members volunteered at two mobile pantries in Glendale, while more than three dozen volunteers from the **Phoenix Suns** turned the St. Mary's warehouse into "Planet Orange" with a volunteer event on Sept. 24.

Faith-based organizations stepped up to help as well. The **Corpus Christi Knights of Columbus** made St. Mary's a beneficiary of the **Joe Husulak Memorial Golf Tournament** on Sept. 14, while the **Scottsdale Bible Church** held its annual food drive resulting in tens of thousands of meals for the hungry.

Thank you to everyone who participated in Hunger Action Month. Together we can solve hunger!





Hunger Heroes to the rescue



Businesses and organizations around Arizona are leading by example in their efforts to alleviate hunger. Through the **Hunger Hero Program**, St.

Mary's Food Bank Alliance recognizes organizations that are making an extraordinary impact in our community. As partners in our mission, these groups broaden their impact on hunger by contributing in each of three crucial ways: donations of time, food, and financial support.

Volunteers play a significant and vital role at St. Mary's by helping sort, pack and distribute food to those in need. Food drive donations provide a wide assortment of high-quality products that are a critical component to emergency food boxes. Due to our high-volume purchasing power and operating efficiencies, financial donations allow us to convert one dollar into enough food for seven meals. Additionally, financial donations provide the flexibility to obtain foods throughout the year that are typically available only on a seasonal or regional basis.

Our **Bronze Level Hunger Heroes** have donated \$1,000, 1,000 pounds of food and 100 cumulative volunteer hours. At the **Silver Level**, they have upped the donations to \$5,000, 2,500 pounds of food and 500 volunteer hours. **Gold Level** partners have given \$10,000, 5,000 pounds of food and 1,000 volunteer hours. Our **Platinum Level** Hunger Heroes donate \$25,000 to the mission, give 10,000 of food, and spend 2,500 hours volunteering with us.

Join us and be a part of the solution. Learn more about Hunger Heroes by contacting Gina Irons at gIrons@firstfoodbank.org or (602) 343-3191.

Blast from the Past: 1969

After one year of being in operation, St. Mary's Food Bank Alliance had distributed 280,000 pounds of food to the hungry of Arizona through 30 partner agencies. We now distribute more than 200,000 pounds a DAY with the help of 300 partner agencies!

4th grader turns birthday into a Pay It Forward party



For most 4th graders, birthday parties are all about cake, friends and – of course - the presents. But **Aine Boyle** is not like most 4th graders. She decided to use her special day to encourage her friends and family to think beyond the

traditional birthday party. Aine wanted to concentrate on helping those who are less fortunate.

No child should start the day hungry so Aine asked her friends to bring a favorite breakfast cereal to her birthday party to donate to St. Mary's Food Bank Alliance. The project turned into a contest when the kids were curious to find out which type of cereal was the favorite. After all the donations were stacked up - the "O's" won! They were, however, closely followed by the "Puffs." The kids had a ball and at the end of the day, they had a chance to make a difference in the lives of other Arizonan children. Breakfast is the most important meal of the day, and thanks to Aine and her friends more of Arizona's children will start the day off right.

White Haute Holiday Party benefits food bank



It's the holiday season's Hautest party of the Year! Enjoy an upscale evening of food, drink and fine fashion at the White Haute Holiday Party to benefit St. Mary's Food Bank Alliance on Saturday, Dec. 14, hosted by Couture Customs in their glamorous Scottsdale showroom (7001 E. McDowell Road).

Guests will walk the White Carpet before entering a White Haute feast for the senses, including luxurious appointments made by Roche Bobois, live music, an all white haute couture fashion show, premium champagne and cocktails, and small bites provided by Coup des Tartes. Tickets start at just \$25. Visit www.couturecustoms.com to learn more.



Agency Spotlight:

Sharon Manor

St. Mary's Food Bank Alliance helps to support hundreds of agencies throughout Arizona by easing the burden on food budgets – thereby allowing homeless shelters, domestic violence sanctuaries and soup kitchens to spend their limited resources directly on mission work.

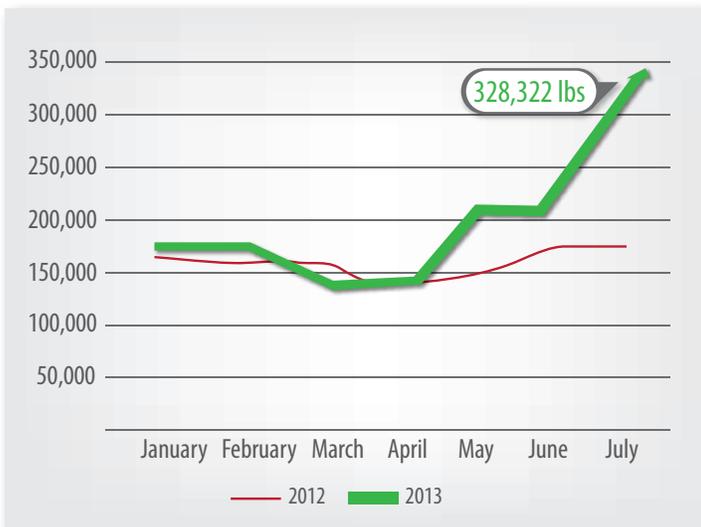
Flagstaff's Sharon Manor is a transitional housing program for women and children who are survivors of domestic violence and are hoping to become self-sufficient. These brave families struggled on the streets before turning to Sharon Manor for help. With a mission to help them transition from homelessness to independence, Sharon Manor teaches life skills on topics ranging from personal budgeting to effective parenting.

Since opening in 1999, Sharon Manor has worked with nearly 400 women and children. So far in 2013, Sharon Manor has provided 1,223 meals to these women and children. And because of St. Mary's help –and your support – they have only had to spend \$100 on food!

"Those are the numbers that make a big difference to me, because I can use the money saved to take the kids on field trips," said Andrea Scully, Children's Program Coordinator for Sharon Manor. "I think it is important to open up the world for them a bit. We recently did a trip to the Aquaplex and we had a big back to school pizza party at Pizza Hut."

St. Mary's is proud to ease the burden on agencies like Sharon Manor so they can continue to make a big impact on the lives of Arizonans in need.

Distribution Spotlight: St. Mary's increases pounds of food given in Flagstaff



Flagstaff volunteer inspires



At St. Mary's Food Bank Alliance, we are blessed to have volunteers that are selflessly dedicated in serving those in need. They show up day after day with a smile on their faces, work incredibly hard for hours, and still come back for more.

Myrna, a Flagstaff resident, is just that kind of volunteer.

Myrna started volunteering at the food bank a little over a month ago, and she has already made a big impact. She quickly grew to love volunteering when she saw how much of a difference she could make in people's lives. Without fail, Myrna has put in a tremendous effort into every minute she spends connecting with clients and helping in any way she can.

"I just learned so much," she said. "It was so amazing to see how little effort it cost me to make a big difference in someone's life."

She is so immersed and enthusiastic in her volunteering duties that she loses track of time. When asked to guess how many hours she'd already volunteered she said, "Umm, I don't know, maybe 25?" When she found out it was actually almost 100 hours she said, "Well, I just love being here so much that it seems like no time at all!"

Myrna believes that everyone should visit the food bank at least once to learn about the level of need there really is in Arizona, and how much one person can do to help another. With 1 in 4 children, 1 in 5 Arizonans and 1 in 7 seniors facing hunger on a daily basis, every volunteer hour makes a difference in how effective St. Mary's Food Bank can be. Our volunteers donate hundreds of thousands of hours yearly, and actually double the size of our workforce, allowing us to reach so many more people.

We are so grateful for the commitment and enthusiasm volunteers like Myrna bring with them every day. Thank you to Myrna and all our outstanding volunteers!

Volunteer Highlight



Food bank volunteer serves others at 100th birthday party

St. Mary's Food Bank Alliance welcomes more than 80,000 volunteers through its doors each year. All of them are special and important to the world's first food bank's mission, but one volunteer in particular stands out this year.

Retired dentist **Art Molay**, who has put in thousands of volunteer hours over the years helping to make meals for youngsters through our Kids Cafe program, celebrated his 100th birthday on Sept. 15. And on Sept. 12, he drove himself to the Food Bank – as he always does – and put in a two-hour shift wrapping sandwiches before enjoying a special birthday party in his honor.

With television cameras and photographers on hand to capture the moment, Art received gifts including a proclamation from Governor Jan Brewer, 100 birthday cards from the kids who enjoy the food he helps deliver each day and a huge birthday cake. The St. Mary's staff filled the break room with photos of Art's life.



"This is really something," Art said. "I never thought I would make it to 100 years, but I want to keep busy. It makes me feel young. I'm blessed to be able to help others and I will keep doing it for as long as I can."

Happy Birthday Art! And thank you for all you have done – and keep doing – to make our community a better place for all of us.

A different kind of summer break

Breanna Hernandez has become a regular face at St. Mary's Food Bank Alliance over the past three months. The 16-year-old visited the Phoenix warehouse at the beginning of the summer and asked to take a tour of the facilities. Inspired by the tour, she decided to challenge herself to complete 100 hours of volunteer time during the summer break.

"I didn't want to sit around with my friends all summer," she said. "I wanted to do something important."

Breanna arrived at the food bank cheerfully every day and soon volunteered in every area imaginable. She easily met her goal by the end of July, but just couldn't quit. Now a junior at Independence High (with an impressive GPA of 4.0), she continued to volunteer and has now donated more than 200 hours of her time since she started in June. Her favorite volunteer activity is fast-paced emergency food box packing.

"I knew the food bank helped people in need," she explained. "I wanted to make an impact in the community, even if it was small. Volunteering helps to build character. Enriching people's lives is the greatest reward that anyone could receive."

Thank you Breanna for setting such a great example; you are an inspiration!



Register online to become a volunteer with new system

St. Mary's Food Bank Alliance recently launched a new online registration system, making it easier than ever to become a volunteer for the food bank. Now groups and individuals can sign up for a volunteer shift at their convenience. Check out the many volunteer opportunities available at volunteer.firstfoodbank.org and to join our mission to fight hunger!

Honor Someone Special

and feed a less fortunate family by making a donation to the Food Bank.

In Memory of

When you make an Honor or Memorial Tribute, the Food Bank will send your honoree (or their family) a card notifying them of your special gift. Their name(s) will also be included in a future issue of the *Horn of Plenty*.

We make it easy! Mail your Tribute in the enclosed envelope; visit www.FirstFoodBank.org (click on the Tribute and Honors Donation icon to fill out online Tribute and Honor Donation forms); or call Pat Fehlhaber at (602) 343-3149 to make your Tribute by phone.



Phylis Aronowitz
Marjorie & Harvey Turkheimer

Marriann Gofonia
Robert Gofonia

Judy Lowenstein
David Lowenstein

Carl Nemeth
Roberta Knight

Joan Turney
James Bowman

Howard Berman
Barbara Halper

Dr. Frederick Gorman
Jane Russell

Patricia Jean MacDonald
ACE Express, Inc.
Betsey Bayless
Gretchen & Rob Carey
Dave & Jen Cieslak
Michael Kreibich
Bonnie & Bill McReynolds
Janet & Warren Paschke
Marina & Kent Renneke
Margaret & Don Richer
Corrin Salminen
Mary & Maurice Sweeney

Justin Newbold
Cynthia Newbold

John van Hengel
Sol Jaffe

Ruth Bianchi
Karen Ritz

Dee Graham
Kathleen & Mark Stevens

Rose & Joe Nuccio
Jeri Laundry

Aaron Warron
Angela Warren

Susan Braido
Virginia Martin

Virginia Graham
Stanford Graham

Ruth M. Olson
Sue Harper

Jim Washburn
Cecil Hanie

Fred Brandt
Yvonne & Melvin Hoover

Barbara Hall
Glenn Davis
Jack Eberhardt
Mary Hall
Geoff Hirman

Rowland Oonk
Paul & Barbara Barnes
Sarah Collins
Claudia & Frank Cucitro
Mary & James Grayson

Rose T. Wheeler
Linda W. Smith

Harold Burgett Sr.
Lois & Harold Burgett, Jr.

Sara Mata
Caryn Fals

Hutch Oliff
Brad May

John Wheelihan
Nila & Gregorio Abeja

Nick Canaga
Patsy Beckman

Kathy Hanke
Sharon & Charles Green

Gladys McGrewy
Patricia Pearson

Aaron Williamson
Rhoda & William Barr

Bill Caron
Gwendolyn Caron

Harriet & Doug Hanson
Dolores Olsen

Lorraine McKinley
Leroy McKinley

Rita H. Palmer
Norman Palmer

Melissa Wittbecker
John Garrett

Asher Chmiel
Marvel & Gilbert Opp

Col. Horace D. Harby—Our Hero
Sandra Harby

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Eleanor Hill

Jeffrey Rau
Joanne Rau

Hortensia & Edward Young
Mary Young

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Susan Fay

Melissa Ristig
Bernard Ristig

Don Zimbrick
Charlotte Zimbrick

Bonnie Downey
Richard Downey

Sandra Hodge
Carrie Manion

Don Messmore
Patricia Messmore

Mr. & Mrs. Edward Roche
Mary E. Gawlik

In Honor of

Mary Frances Dziadul
Carol & William Dearmond
Tammy Dever
Mary Olcott

Allen Jaffy
Judy & Richard Lederer

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Lorraine & Jerome Quigley

Carmen Milagros Rodriguez
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Dr. John L. Edwards Sr.
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Ruben G. Montalbo
Friends at Akimel A-al
Friends at Albertson's
Jane & Bill Anderson
Carmen Badal
Berlage Bonelli Family
Rhonda Brewer
Ernest Brodersen
Debra Casiraro
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Laurie Stogsdill
Patricia Urchike
Kent Utter
Mary & Frank Vasquez
Marty Warren
Jackie Weatherspoon
Patricia Weegar
Karen & Dave Zabor

Dick Roberts
Melanie & Harvey Noteboom
Nancy Schultz
Mary & Harold Director

A Friend's 90th Birthday with Blessings
Marie & Emile Gaumont

Alvin Farber
Norman Palmer & Myra Singer

Pastor Bob Kasperson
Clarice Bielski

Mary R. Sherwood
Duane Sherwood

Cody Butler, birthday
Kathleen Butler

Virginia & Ernest Ferry
The Ferry Family Foundation

Leslie P. Kovats
Catharyn Kovats

Trinidad Saenz Silva
Michelle Alexander

Dana Butler, birthday
Kathleen Butler

Richard Fickes
May Fickes

Jay Lachot
Janie & Michael Shiel

David Smith
Roberta Knight

Ella Butler, birthday
Kathleen Butler

John Fogle
Gayle & Ray Myers

John Lasser
Joann Pompa

Husband, parents & his parents
Marian Stevens

Stephen Butler, Jr.
Kathleen Butler

David Richmond Frost
John & Olivia Benson
Majorie & William Guilfoil
Lazard Freres & Co. LLC
Charlotte Mensch

Harold & Alma Laundry
Jeri Laundry

Margaret F. Svatora
Stanley Svatora

Mrs. Scott Coar, birthday
Ann Fabric

Irene Gapinski
Nancy Lahr

Lisa Lawson
Lowell Schmidtke

Marilyn Symans
Francis Symans

Susan B. Collins
Janis Schreiber

Jane Gawlik
Mary E. Gawlik

Dan Lorenz
Kathryn May

Barbara & Arnold Thompson
Barbara & Al Froese

Debbie Coor, birthday
Suzanne & John Gillies

Beverly Damore
Kathleen Butler

Tributes

TRIBUTES: July 12th through September 20, 2013

Clery Family
Dr. Michael Clery

Ma & Pa Daigler & Cody
Ronald Colosimo

Rose G. Diamond, 100th
birthday
Susan & Robert Diamond

Michaela Fallon
Juanita & Russell Fallon

Julia Ferguson, birthday
Jean & John Patterson
Rosemary Smith

Larry Gatliff, Birthday
Dolores & Robert Olsen

Irene Gaudet, birthday
Denise Gaudet

Norma Gehring, birthday
Joyce & Jack Van Sicket

Ben Gordon
Jennifer Rigby

The Havasupai People
USDA Rural Dev/AZ for the
Havasupai People

Jim Heffernan, Allstate
Agent
Fidelity Charitable Gift Fund

Margo Hunter
Pamela & Don Lake

Thomas Hyland, birthday
Judith Hyland

Lori Kaufman, birthday
Elizabeth Perkins

The Staff at Keller Rohrback
Lynn Levin

Michael Knight, 31st birthday
Grandma Sharon

Cheryl Lagrave
Janice O'Brien

Christian Lewis
Jennifer Rigby

Joyce Madorin
Diane Mayer

Becky & Joe Misun, 60th
Anniversary
Rita Golden

Wanda & Jim Monaghan
Gene Schaeffer

Louise Murphy, 75th birthday
Pamela Lake

Mark M. Nageotte
James Nageotte & Lisa Leff

Erica Niemoth
Karen Vassell

Valerie & Bart Nigro, 45th
anniversary
Linnea Nigro

Joanne Piergallini, birthday
Kay Witherspoon

Quinn's Great Youth Nationals
Sue Butler

Marie & Gary Reibman
Francine & Richard Loeb

Ron Rogers
Patricia Rogers

Joseph Romett
Angela Corbo

Margaret H. Running
Dr. Cliff Running

Gail Schermer
Matt, Sarah, Mason & Miles
Carstens

Don Schmidt, birthday
Katherine Schmidt

St. Jude
Anne & Wayne Berry

Mr. & Mrs. Jack Swanson
Majorie & Harvey
Turkheimer

Jeane Synhorst, birthday
Dolores Olsen

John & Shirley Thorvilson
Donn Thorvilson

Laura & Jimmy Tyler
Andy & Brad May

Michael Winterholler &
Morning Jensen, wedding
Velma & Ken Sacks

The above list includes tributes received by St. Mary's Food Bank Alliance from July 12, 2013 through September 20, 2013. We apologize for any listing that may have been inadvertently omitted or listed incorrectly. Thank you!

Free seminar offered on valuables and the appraisal process

Learn the value of your valuables and get tips on the appraisal process at a roundtable discussion presented by St. Mary's Food Bank Alliance, in collaboration with the Legacy Society of KJZZ/K-BACH.

The seminar 'Are Your Valuables Really Valuable?' will be held Wednesday, Nov. 6, from 10 a.m. to 12 p.m. at the Rio Salado Conference Center located at 2323 West 14th Street, Tempe (parking is free). Tom Helms, Certified Personal Property Appraiser from A-Z Appraisers & Estate Consultants, will present tips on organizing and documenting your possessions.

There is no charge to attend but reservations are required.

The FREE Wills Planning Guide is also still available. This guide is designed to help you move more easily through the process of organizing family and financial information.

For general estate planning information, a Wills Planning Guide or reservation for the Nov. 6 session, contact Claudia Cucitro at (602) 343-3144 or cucitro@FirstFoodBank.org.

Working Poor Tax Credit



You don't need to itemize!

St. Mary's Food Bank Alliance is recognized under Arizona law as serving the working poor. Donors can receive a dollar-for-

dollar Arizona tax credit up to \$200 (filing as a single, unmarried head of household) or \$400 (married filing jointly). You can also include the donation on your Federal Tax Return.

Recent legislative changes in Arizona also mean you **no longer need to itemize your state taxes** to take advantage of this credit.

For more information, please consult a tax advisor or the Arizona Department of Revenue (azdor.gov).

To learn more about St. Mary's Food Bank and our work to end hunger in Arizona, visit www.firstfoodbank.org.



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The *Horn of Plenty* newsletter is published quarterly for the friends of St. Mary's Food Bank Alliance.



Find St. Mary's Food Bank Alliance!

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Scan this code with your smartphone to find out more information about the Food Bank.

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FALL '13



"Gobble, Gobble!" Super Saturday Turkey Drive is November 23

St. Mary's Food Bank Alliance has always been committed to ensuring that Arizona families in need are able to celebrate the holidays together with the comfort of a traditional meal.

Last year, your donations allowed St. Mary's to reach out to 16,000 families across the state by distributing holiday food boxes, more than 160,000 pounds of produce and 16,000 of turkeys. St. Mary's estimates last year's pre-Thanksgiving food distribution provided meals for as many as 50,000 people!

St. Mary's is asking the public to once again help stock our shelves and spread the joy of the holidays for others. Our seventh annual **'Super Saturday'** holiday food drive will take place on the Saturday before

Thanksgiving, Nov. 23, from 9 a.m. to 3 p.m. at St. Mary's locations in Phoenix and Surprise as well as participating Albertsons food locations around the state. A map of the locations is available at www.firstfoodbank.org.

Holiday meats (turkey and ham) are high on the list of requested food, but all non-perishable food items and monetary donations will be gratefully accepted. Look for our signature St. Mary's refrigerated trucks and our 6-foot inflatable turkeys at the donation sites!

There is something special about gathering around the table with family and friends for the holidays. Together we can give other Arizona families the chance to make the season memorable.



Get *Horn of Plenty* sent to your email. Send your email address to elsigl@firstfoodbank.org to request the online PDF today!