



To promote the elimination of hunger through the gathering and distribution of food while encouraging self-sufficiency through advocacy and education.

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No Vacation For Those at the Checkout Line

Send Hunger Packing with the Food Bank This Summer

MELODY HANNA, COMMUNICATIONS SPECIALIST

Temperatures are rising and schools are out. It's officially summer time! These next few months should be filled with vacation planning, barbecues and time spent with family and friends.

But for the more than 857,000 Arizonans living in poverty, the summer season is a difficult one. Thoughts of vacation planning are far from their minds. Instead, these families and individuals are making decisions on what to do at the grocery store and the gas pump.

Compared to a year ago, food prices have increased 19 percent in Arizona. This number is higher than the national average at nine percent. Items like flour, cheese, corn oil, eggs, potatoes, bread, milk and chicken have all been affected. Healthy eating is out of reach for many working poor as well, as less nutritious items are more affordable.

"Most of our program's food budget goes toward purchasing the basic items," said Diane Crew, manager of Hope House, one of the Food Bank's partner agencies. "We rely on the Food Bank for help with additional items to supplement our meals." (See page 4 for more on Hope House.)

During the summer months, donations and interest in the Food Bank decrease, but the demand for our services is higher than at any other time of the year. The Food Bank kicked off the summer season with a tour, sponsored by Gila River Casinos and held May 15, for Valley businesses and donors.



this issue to learn about upcoming events during the summer. Also, check out the back page of this issue to learn more about what you, your family, coworkers and friends can do to **Send Hunger Packing!**



The Food Bank invites you to **Send Hunger Packing** this summer season by holding a food or fund drive, making a secure online donation at www.FirstFoodBank.org, or volunteering as an individual or group. Check out the "What's Going On" section on page 5 of

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Money Matters

Virtuous Behavior

JACK MARKS, DEVELOPMENT DIRECTOR

I recently had the good fortune of participating in the wedding of my nephew Rex and his fiancée Zeena. I was quite impressed with the organizational work preceding the affair, and Rex and Zeena literally spent months in preparation, resulting in a beautiful ceremony. I learned that my nephew is saving to buy a house and even though he is in his twenties, he has set aside money for his eventual retirement. Rex's parents instilled this virtue in him at a young age. Rex's friends were effusive about his caring nature and willingness to help others, and I feel blessed to have a nephew who possesses these special qualities.

I see this virtuous behavior exhibited by individuals and families who support the Food Bank. I have spoken with many parents who want their children to learn early on the importance of giving back and sharing one's own gifts, whatever they may be. My nephew's parents have done just that. The Food Bank continues to function because of families and individuals like you who use the Food Bank as a way to share resources with others who need help most.

WIN!

THINK YOU KNOW FOOD BANK HISTORY?

In the last issue, we introduced a new trivia question contest.

Congratulations to Cecilia Moody! Cecilia correctly answered the trivia questions included in the Spring issue of the *Horn of Plenty*: the Food bank was opened in 1967, and 250,000 pounds of food were collected and distributed by founder John van Hengel and fellow volunteers in the first year. Cecilia won a gift certificate to Don & Charlie's in Scottsdale.

Correctly answer the following question for a chance to win:

How many counties in Arizona does the Food Bank serve?



E-mail your answers, along with your name and mailing address, to Melody Hanna at mlhanna@FirstFoodBank.org. Everyone who answers correctly will be entered into a drawing, and one lucky winner will receive a prize from the Food Bank.

To parents out there: this is a great way to help your kids learn more about the Food Bank!

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From the President's Desk



Terry Shannon

Easing the Burden

Planning for and taking summer vacation trips is an enjoyable experience. Add in the excitement of school-age children taking a break from the classroom, and one has the makings of warm family memories.

Unfortunately, not everyone is as lucky. The summer season is a significant challenge for the working poor and those on fixed incomes. Children no longer have the benefit of school breakfast and lunch programs, so they are eating more meals at home; and working parents are enlisting daycare centers. Retail grocery prices on staple food items have increased 19 percent over last year, gasoline prices are through the roof, and electric bills are increasing due to the Valley's rising summer temperatures.

These issues and more put incredible strain on an already tight budget. Often the only alternative for families and individuals is to rely on the Food Bank and our network of partner agencies for food assistance.

This summer, more than ever, we need your help to **Send Hunger Packing**. The Food Bank relies on the support of individuals in our community to ensure we have adequate supplies of food, so no one is turned away empty-handed. Your donations of food and financial support will ease the burden for thousands of our neighbors.

As always, we truly appreciate all you have done in the past and look forward to serving the growing need with your continued help.

Best wishes,

Terry Shannon
President & CEO



Thank You

Tournament is a Hole in One!

This year's tournament was a huge success! Together we raised enough funds to provide more than 100,000 meals to children in our Kids Cafe® Program. On behalf of the 2,000 children served daily, thank you to the sponsors and volunteers for making this tournament an outstanding success ... because no kid deserves to go to bed hungry.

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For information on sponsorship opportunities, please contact Stephanie Kegley at (602) 343-3151.

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Meet the Board Members



Marty Laurel

A native of El Paso, Texas, Marty has lived in the Valley for 42 years. He learned about the Food Bank through Blue Cross Blue Shield of Arizona's former CEO, Bob Bulla. A long time supporter of the Food Bank, Marty has been with Blue Cross Blue Shield for 17 years and is currently the Vice President of Community Relations.

In addition to his work with the Food Bank, Marty's community involvement includes serving on the boards of Partnership for a Drug-Free America; the Better Business Bureau of Central, Northern and Western Arizona; and the Arizona Rural Development Council.

As a member of the Food Bank's board, Marty's hope is "for a greater sense of ownership among the community of the hunger problem" and that "donations to the Food Bank become an ongoing, year-round action, not just around the holidays or the occasional food drive." He adds, "I think that with greater community awareness and support, we can indeed put hunger out of business."

Marty is an avid fan of ASU athletics, as well as the Arizona Suns, Diamondbacks and Cardinals. Married for 40 years to Julie, he enjoys golf, traveling and spending time with his family, including his son Bryan, daughter Leanne and son-in-law Jarrid.



Dale Rich

A resident of the Valley for the last 16 years, Dale's involvement with the Food Bank began five years ago. Originally from Daytona Beach, Florida, Dale became acquainted with the Food Bank through staff member Sharon Pederson.

"I have been in the food distribution business for 26 years, and the Food Bank's staff, operations and distribution network are as efficient as any I have seen in the for-profit sector," remarks Dale. In addition to his work with the Food Bank, Dale has participated in UMOM campus improvements, is a member of Copper King Elementary SET Team, and is a supporter of the Valley of the Sun United Way.

Dale has been with Albertsons LLC for 26 years and enjoys golf, sports, fishing and distance running. His family includes children Courtney, Austin and Lauren, and fiancée Randi Freeman.



Featured Food Donor

Stamping Out Hunger in Arizona

FRANK BONNER, FOOD RESOURCE DEVELOPER

With the conclusion of the month of May, so concludes the 2008 National Association of Letter Carriers Food Drive. This drive is the largest single food drive donation received by the Food Bank. Now, and in previous years, this food drive contributes an enormous amount of needed food to help the Food Bank during the difficult summer season.

Nationally this year, one of the long-time sponsors of the event increased its efforts to make a serious impact in donations and awareness. The Campbell's Soup Company partnered with the Kroger Company and its Phoenix affiliate, Fry's Food & Drug. They placed product displays of Campbell's soup with an advertisement of the event and collection bags in the aisles of every Fry's store to encourage shoppers to participate.

More than 460,000 pounds of nonperishable food items were collected from 25 postal stations. Special thanks to the men and women who deliver our mail and for their commitment to help end the hunger problem facing so many Arizonans and others across the country. Transporting the collected food could not have been done without the expert and efficient help of the Food Bank's Transportation and Warehouse department staff. Thank you!

We should all take pride in knowing that this National Food Drive started, as food banking did, right here in Phoenix. With this, we should *strive* each and every day to be an example of what one person can do. Remember, you *can* make a difference.



Education

Send Hunger Packing with Hunger 101

CHET PROVORSE, EDUCATION PROGRAMS MANAGER

Summer is a difficult time for many of Arizona's children who rely on school breakfast and lunch programs. School is out and the meals are unavailable, yet their hunger remains.

Hunger 101 continues to fight hunger while encouraging improved nutrition. Now you can join Hunger 101 to promote nutrition ideas with children, teens and adults across Arizona by using Hunger 101's new screensaver wallpaper. These free screensavers, featuring the Foodtabulous Four hunger fighting superheroes, are another way to support Hunger 101's efforts to **Send Hunger Packing** this summer.

Download the screensavers for your office, community site or home computer at the Hunger 101 AZ Resources Page at

www.firstfoodbank.org/hunger101/resource_wallpaper.html. Share the link with friends, family and colleagues!

Also, visit www.hunger101az.org to learn more about how you can send hunger packing this summer by attending one of our many educational sessions, including *Fast Foods: Making Healthy Choices*, *Label Me Nutritious* and *Advocacy & Action*.

Finally, consider sending hunger packing with a Hunger 101 Banquet. Invite clients, customers, neighbors, and friends to your business, community center or home for a powerful discussion on hunger and poverty.

For details, contact Chet Provorse at (602) 343-3169 or via e-mail at cdprovorse@FirstFoodBank.org.



Meeting Specific Needs

Hope House Offers a Safe and Nurturing Environment for Homeless Teens

MELODY HANNA, COMMUNICATIONS SPECIALIST

In the summer of 2000, **Neighborhood Ministries**, one of the Food Bank's partner agencies, decided to help a segment of the homeless population in Phoenix — teenage girls. Neighborhood Ministries has served Phoenix's most vulnerable residents for more than 20 years, assisting hundreds of at-risk children and their families with food, clothing, crisis assistance, academic support, job training, and parenting classes.



Hope House, located in central Phoenix, is the former home of Judge Charles Austin Tweed.

Established in 2006, **Hope House** is a program of **Neighborhood Ministries**, designed to meet the specific needs

of homeless teenage girls. Neighborhood Ministries founder and president Kit Danley established Hope House in central Phoenix at the former home of Judge Charles Austin Tweed. The house, known as Tweed House and also Homestead House, was built in the 1880s in the Oakland historical district.

"Turbulent childhoods lead teens to cope or even escape any way they can," said Danley. "Beyond the statistics, we have known teenagers for years that had no safe place to live and no caring adults to support their hopes and dreams."

As a family group foster home, each Hope House resident is matched with a case manager and a mentor. The girls living in Hope House have the opportunity to learn self-sufficiency and life skills in a safe and nurturing environment.

"How can you think about school when you don't know where you're going to lay your head down at night?" commented Hope House director Diane Crew. "When the girls come to Hope House, they can start dreaming again."



Director Diane Crew (center) with two Hope House residents.

The girls enjoy a variety of activities, including cabin retreats to Prescott, trips to Magic Mountain and regular picnics at South Mountain Park.

Visit www.neighborhoodministries.org or call (602) 252-5225 to learn more about Neighborhood Ministries.

Mesquite Football Players Hold Walk-a-Thon

MELODY HANNA, COMMUNICATIONS SPECIALIST

On May 8, the **Mesquite High School Football program** in Gilbert held a Walk-a-Thon to raise funds for St. Mary's Food Bank Alliance. "The event was a great success," said Shawn Seaman, organizer of the fundraiser. "Our players gained a great sense of community by helping others less fortunate, and they also built camaraderie through walking and running for a good cause with their teammates."

Students from all four levels of the program, freshman through seniors, gathered sponsorships and came ready to complete their laps. With two hours to finish as many laps as possible, several players completed the maximum ten miles, or 40 laps. "We are delighted to help the Food Bank in a time when donations are hard to come by," said Ed Breunig, MHS TD Club Fundraising Chairman. "Our TD Club is here to help the football program have the things they need, but we're also interested in contributing to the community through events like these."

Head Coach Mike Reardon was on hand with the coaching staff to spur on the enthusiasm. "I am really proud of these kids for putting forth such effort while working hard on their grades, participating in spring football training and wrapping up their spring sports."

Mesquite High School donated more than \$800 to the Food Bank, providing 5,600 meals for Arizonans in need. Thank you, Wildcats!



As traffic grinds to a halt with the return of Flagstaff's seasonal residents, I often wonder how people can afford to put gas in their cars. At the grocery checkout, I see my seven items quickly add up to \$40, and my thoughts go out to families worrying about their household needs. As unemployment increases nationwide, it is strongly felt in Arizona as booming construction developments are left barren, falling into foreclosure or bankruptcy.

The need for assistance grows as gas and food costs increase, and the term "working poor" includes a larger percentage of our community. We see this trend here at the Food Bank as more individuals and families utilize the Food Value Club program to help stretch their food budget.

Emergency efforts are necessary now more than ever. With the

Summer Acts of Kindness

ERIC WOLVERTON, GENERAL MANAGER, FLAGSTAFF

summer heat and the smell of barbecues in the air, thoughts of families in need seem to lessen. However, the need increases as the homeless population explodes and families struggling to pay rent find themselves living within the forests. This is a more common, and sad, situation than could ever be imagined — which is why we acknowledge the importance of our donors.

Whether it is monetary, food or volunteer donations, all acts of kindness are needed in the summer. Remember to be aware of your surroundings and know there are many ways to help your neighbors in need.

Call or visit the Food Bank's Flagstaff location to see the difference you can make by partnering with us during the summer months. Here's to a safe, fun and full summer.



What's Going On!

BICYCLE, BICYCLE ... IN FLAGSTAFF ▶

On Saturday, August 23, enjoy a ride in the cool pines of Flagstaff and help the Food Bank. It is time for the **Seventh Annual Absolute Bikes / St. Mary's Food Bank Alliance – Flagstaff Old-Fashioned Mountain Bike Race**, held by Absolute Bikes. Ride, cheer for other riders, get information from bike vendors and buy a raffle ticket to win great prizes. For more information and to register, go online to www.AbsoluteBikes.net.



ROCK AND BOX ▶

This summer, the Food Bank has teamed up with **98.7 FM The Peak** to bring fun volunteer events one evening each month. While packing boxes with family or friends, The Peak will be pumping up the volume in the Food Bank's downtown warehouse.

Join us for food and fun with your family, Tuesday, July 29, from 5:00 p.m. to 9:00 p.m. We will have hot dogs and celebrate America's favorite summer sport — baseball — with the D-Backs!

Want to meet other philanthropic-minded singles? Join us Tuesday, August 26, from 5:00 p.m. to 9:00 p.m., for our singles volunteer evening. Food will be provided, as well as a few "ice breaker" activities to help you meet that special someone.

To sign up for one of our upcoming **Rock and Box** evenings, call (602) 343-3128. Bring food donations and have a chance to win tickets and other prizes!



HUNGER ACTION MONTH

September is **National Hunger Action Month**. September is the perfect time to hold a food drive at your church, place of business, or civic organization. You can help provide food to the Food Bank before the busy holidays. You can also sign up for a few hours of volunteer time with your family — a great learning experience for kids. Or, consider arranging to have a monthly gift debited from your account so you can support the Food Bank year-round.

For more on how you can help the Food Bank in September and throughout the year, visit online at www.FirstFoodBank.org. We hope you enjoy the Web site's new look!

THE WEIGHT WATCHERS CHALLENGE

We are pleased to announce a partnership with **Weight Watchers** during the month of September. During the month-long food drive, Arizona Weight Watchers locations will be collecting food to benefit St. Mary's Food Bank Alliance. More information will be forthcoming on our Web site, as well as at your local Weight Watchers.

SUPER SATURDAY — IT WILL BE HERE BEFORE YOU KNOW IT! ▶

Mark your calendars now. **Super Saturday** will be Saturday, November 22, 2008. This one-day turkey gathering extravaganza was so successful last year, it will now become an annual event. Go online and look for participating shopping centers and the prizes you could win when you donate a turkey — starting in September.



Volunteer Spotlight

Tying Up Loose Ends in Glendale

RAYMOND COMBE, COMMUNITY RELATIONS COORDINATOR



Following retirement from a career in industrial sales, long-time Valley resident **Richard Ackerman** was at loose ends. Not having any hobbies, he was looking for something to do. He heard about the Glendale Food Bank and the work they did, and since he lived fairly close, he decided to visit. That was four years ago, and Ackerman has never looked back. Though he now lives in Sun City, he still volunteers at the Food Bank three days a week; and he's made it a family affair: his wife volunteers every Friday.

Although he has worked in various areas at the Food Bank, including the Food Value Club, Richard primarily works at the front desk, processing requests for Emergency Food Boxes.

Ackerman began volunteering prior to the merger of St. Mary's Food Bank and Westside Food Bank in 2005. Since then, he has noticed positive changes, including upgrades to the warehouse and parking areas, the creation of the Food Value Club, and particularly, the introduction of computers, which meant he no longer had to search through file cabinets to locate client files.

Each summer Ackerman leaves the Valley's dry heat for the dry cool of Spokane, Washington, where he visits his daughter's family. Then he looks forward to returning to the Food Bank in October. As Program Coordinator Liz Hernandez puts it, "Richard has great people skills, and where he works, he gives 180 percent all the time. It would be hard to function without him."

Tributes

IN MEMORY OF

Frances Akrolund
Virginia Harvey

All My Deceased Family
Mary Alba

Miriam Algraugh
Mr. & Mrs. Ron
DeRiemacker

Lou Ambers
Margaret D'Ambrosio

**Herman & Bernice
Anderson**
John & Joan Bogert

Louise Andrews
Home Instead Senior Care

Robert Ashby
Mr. & Mrs. Harvey
Turkheimer

Tara Nicole Balagat
Mary Balagat

**Mary Duff Barnes,
My Mother**
June Duff Anderson

Ann Beck
Mr. & Mrs. Sanford &
Patricia Edelman

Raymond Beliveau
Bill Candland

Mary Grayce Bell
Jim & Kathleen Siehien

**Whitey & Brian's Birthdays
- Brian's 40th**
Clarice Bielski

Rick
Clarice Bielski

Anthony F. Biscone
Jeff & Brenda Borowski

Len & Ben
Virginia Bogan

Alice R. Bolton
Deacon Edward L. Bolton

Rosita Bornmann
Jay Binsfeld
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Terry & Karen Shannon

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Nancy Ferrari-Gehre
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Lillian Mary Carnahan
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Rodney & Cancance Ball
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Greg Billian
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Saletta, Jr.

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Charon Robinson

William Elzholtz
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Foussard

Rick Erickson, Jr.
Virginia Harvey

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Richard Fender

Marcia Fisher's Mother
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Audrey Ann Gale
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Marvin Gardner
AZ Chapter, Family Motor
Coach Association
Past AZ Good Sam State
Staff
Robert & Doris Drust
Home Instead Senior Care

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Catherine Garrett

Bill German
Shirley Shulman

Travis Godbehere
Kay Artibebe

Judy Goglin's Mother
Jan Cooper

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Austin Grant
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James Jorde

James & Henrietta Johnson
Daughter, Anna Howard

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Holly Kiskaddon's Father
Jan Cooper

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R. Kent Klein

Lucille Kurtz
Don & Berta Kasmar

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Ruth Lamfers
Mr. & Mrs. Roger &
Mary Lou Adermann

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Helen Laurel
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Bertha Miller's Father
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Robert Rogers

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Birthday 4/19**
Jessie Mumau-Soqui

John A. Munger
Mary Alice Munger

Leslie Nance
Elizabeth L. Nance

**Grandpa Neil -
Birthday 4/29**
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Elmina Nelson
Judith Doenges

Nana Noonan
Christy Miller

Lora G. O'Brien
Mary O'Brien

George Oliver, My Husband
Maxine Oliver

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Theresa Kivatinos' Mother**
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My Husband**
Cicely J. Schmidgall

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**Capt. Brian Scoggins,
My Son**
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Robert & Sharlene
Richards

June Smock
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Sue Fay



HONOR SOMEONE SPECIAL



Honor someone special and also feed a less fortunate family by making a donation in someone's name to the Food Bank.

When you make an Honorial/Memorial Tribute, the Food Bank will send your honoree (or their family) a card notifying them of your special gift. Their name(s) will also be included in a subsequent issue of the *Horn of Plenty*.

We make it easy! Mail your Tribute in the enclosed envelope; visit our Web site at www.FirstFoodBank.org (click on the "Donations" tab and find the special link to "Tribute Donations"); or call Gloria Ortega at (602) 352-3640, ext. 153 to make your Tribute by telephone.

Robert Stevens
Mr. & Mrs. Charles
Bennett

Isabelle Stevenson
Dona Wagner

Donald E. Stokes
Lynda Olsen
Thomas & Leah Stokes

Ed Strolle
Kathleen Stevens

Leonard Suminski
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Camelback Community
Bank
Capitol Bancorp, Ltd.
Bill & Mary Hoddy
Samuel & Louise
Napolitano
Balinda & Michael Nelson
Steve Pierce
Sunstate Equipment Co.
Mrs. Gene Sutter
Sandra Todd

Margaret Louise Tomp
Rose Brigid Berry

Auggie Trujillo
Marguerite Trujillo

Jennie Urban
Shirley Frye

Lola Lathan-Vallecorse
Marco Vallecorse

Burton Van Doren
Candy Baker
Marni Blacke
K. Valencia

John van Hengel
Sol Jaffe

Faye Voet
Ronald Voet

Lorabell Wallenberg
Beverly O'Connor

John Wantland
John & Bonnie Wantland
Marion Whatley

Jean Weissenborn
Harlan Weissenborn

Betty Whitney
Dr. Christina Moneyhan

Henry Wieland
Joan Wieland

Al Wilshusen
Gloria Lederman

Katherine Winslow
Dan & Karen Cook

Ruth B. Wright
Julian Wright

Mary Zeedyk
Lorraine Kiraly

George Zimmerman
Rosalie J. Swenson

IN HONOR OF

3 Can Ladies
Sally Straite

Virginia Baker
Carol Ann Baker

Judy Beck
Happy Birthday!
Margaret Black

James Bogert
Congratulations
Med School Graduate!
John & Joan Bogert

Wendy Boorn
Happy 63rd Birthday!
Judy Mieger

Mr. & Mrs. James Boyle
Thank You for Beautiful
Memories
Mary Barnett

Stormy Brewster
A.C.T. Rebar Contractors,
Inc.

Paul Brodt
Happy Birthday!
Leona Brodt

Cindy Chipman
Thank You!
Kim Krause

Wendell Clements
Happy 81st Birthday!
Julia Ferguson
Dolores "Dee" Olsen

St. Rita of Coccus
Michael Aveni

James & Virginia Cronin
Happy 50th Anniversary!
Robert Bussell

Art DeCaboooter
Nancy Wagner

Barbara Dresher and
Bob Davis
Congratulations on Your
Wedding!
Chris Paler

George-Leslie Fischer
Congratulations on Your
Wedding!
Jennifer LeMieux

Michael Garrett
Happy Birthday!
Catherine Garrett

Michael & Angela Garrett
Happy Anniversary!
Catherine Garrett

Scott Garrison
David Rudolph

Rita Godfrey
Happy Mother's Day!
Mark Godfrey

Jo Ann Greene
Happy 65th Birthday!
Harvey Turkheimer

Great Aunt Halda
Happy 101st Birthday!
Janet Nehill

Our Wonderful Children
Alan & Gloria Herro

Steve & Pat Hogue
Happy 25th Anniversary!
Richard Boyer

Lauren, Erin & Regan Jeffries
Happy Birthday!
Steve & Colleen Gula,
Grandparents

Jane Nicoletti Jones
Happy Godparent Sunday
Vanessa Radick Makridis

Jo Ellen Jorde
Happy Mother's Day!
James Jorde

Rhonda Keene
Thank You!
Kim Krause

Jim Kieran
Happy Birthday!
Patricia Kieran

Kathy Kithcart
Happy Birthday!
Dolores "Dee" Olsen

Maureen Kotlarz
Thank You!
Kim Krause

Miss Lovinski's Special
Students
Sally Straite

Dick & Mary Mackey
Happy 50th Anniversary!
Connie Thompson

Gloria Maroney
Marieta Patterson

Mary Martinez, My Mother
Alicia Martinez

Joe Mendoza
Sally Straite

Tom & Belinda Milburn
Helping Our Family
Mr. & Mrs. Jason & Allie
Milburn

Kathi Montoya
Happy Birthday!
Cletus Montoya

Mountain Pointe Kitchen
Staff
Sally Straite

Fred W. Odey
Happy Father's Day!
Leona Odey

Dolores "Dee" Olsen
Happy 81st Birthday!
Wendell Clements
Mr. & Mrs. David Pontius

Farah Olsen
Thank You!
Anthony Fremarek

Our Service Men and
Women
Charlotte Abboud

Jean Patterson
Happy Birthday!
Julia Ferguson
Dolores "Dee" Olsen

Paul Strouse
Happy Birthday!
Clarice Bielski

Marie Sellers and
Ronald Pearson
In Honor of Your Marriage
Barbara & Ted Hulett

Ron Pegg
Happy Birthday!
Mr. & Mrs. James Rohde

Harold & Marvelyn Peterson
Happy 65th Anniversary!
Fred & Nancy Frank

Joseph Phillips
Happy Birthday, Dad!
Karen Wilson

Doug Pike
Happy Anniversary!
Beth Pike

Michael & Agnes Rajansky
Jeanette Rajansky

Mary Louise Rice
Wishing You a Speedy
Recovery
Carol Ann Desarmeaux

Mary Rochin
Rosa Rochin

George & Mary Rogers
Richard & Deborah
Rogers

Jim Seyner
His Life
John Berta

Pat Shannon
Happy Mother's Day!
Diana Ashley

Joshuah Smith
Congratulations ASU
Graduate!
Virginia Williams

Rosemary Smith
Happy Birthday!
Dolores "Dee" Olsen

Scott Smith
Happy Birthday!
Julia Ferguson
Dolores "Dee" Olsen

Judy Thorvilson
Donn Thorvilson

John Timmes
Happy Birthday!
John & Susie Todd

Dr. Ira Ungar
Happy Birthday!
Jane & Lee Ferguson

United States Postal Service
Stamp Out Hunger
Food Drive Pick-Up
Gilbert & Ruth Bergman

Nancy Wade
Happy Birthday!
La Verne Williams

Mr. & Mrs. Paul Whitesel
Congratulations on Your
Wedding!
Daniel & Mark Sutton

Cecilia Wild
William Wild

Greta Wiseman
Happy 75th Birthday!
Robin Kennedy

HOW CAN YOU SEND HUNGER PACKING THIS SUMMER SEASON?

MAKE A MONETARY DONATION TO THE FOOD BANK. You can make a secure online donation at www.FirstFoodBank.org. Also, by donating your tax refund to help the Food Bank, you may qualify for a dollar-for-dollar state tax credit.

BECOME A "SEND HUNGER PACKING" PARTNER. Contact Stephanie Kegley by phone at (602) 343-3151 or by email at sskegley@FirstFoodBank.org to learn more.

PARTICIPATE IN A PUBLIC FOOD DRIVE OR HOLD YOUR OWN. Check out www.FirstFoodBank.org for a complete list of current public food drives. Or hold your own at work, the gym, church, or school. Call the Food Drive Hotline at (602) 343-3173 in Phoenix or (928) 779-7066 in Flagstaff to learn more.

HAVE A FUND DRIVE AT YOUR WORKPLACE, GYM, CHURCH OR SCHOOL. Put a jar out for customers or dedicate a day to the Food Bank and donate a percentage of your profits. You can hold an art show or link proceeds to a special item on the menu.

HOST A "HUNGER 101" HUNGER BANQUET. Invite clients, customers, neighbors, family, and friends to your business or home for a hunger banquet. These powerful, comprehensive banquets bring awareness on the hunger and poverty issues in Arizona. Contact Chet Provorse by phone at (602) 343-3169 or by email at cdprovorse@FirstFoodBank.org.

VOLUNTEER AS AN INDIVIDUAL OR FAMILY. Opportunities are available for individuals, families and groups. In Phoenix, call (602) 343-3128. In Surprise, call (623) 344-2138. In Flagstaff, call (928) 779-7066.

SEND HUNGER PACKING 2008

UPCOMING EVENTS CALENDAR

TUESDAY, JULY 29 and TUESDAY, AUG. 26

Rock & Box
Rock out with the Food Bank and 98.7 The Peak.

SATURDAY, AUG. 23

7th Annual Old-Fashioned Mountain Bike Race
Ride the cool pines to help the Food Bank's Flagstaff location. Ride, cheer, win prizes!

SEPTEMBER

Hunger Action Month
Help provide for the Food Bank in time for the busy holidays. Hold a food or fund drive or volunteer.

Weight Watchers Challenge

Weight Watchers locations across the Valley will collect food for the Food Bank.

SATURDAY, NOV. 22

Super Saturday!
Mark your calendars now for the one-day turkey gathering extravaganza!

Look online at www.FirstFoodBank.org on the Events page for more.

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You may also call or send the address panels to us, indicating which panel is correct and we'll change our records. Thank you for your help.
Help Us Avoid Wasteful Mailings: If you receive duplicates of the same mailing, please email us at mailing@FirstFoodBank.org.



Address Service Requested

The Horn of Plenty newsletter is published quarterly for the friends of St. Mary's Food Bank Alliance.

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